

Healthy Americas Survey

This study was conducted for the National Alliance for Hispanic Health (NAHH) by telephone by SSRS, an independent research company via the SSRS EXCEL Omnibus. Interviews were conducted from February 16 – March 2, 2014 among a nationally representative sample of 846 respondents age 18 and older. The margin of error for total respondents is +/-3.4% at the 95% confidence level. The margin of error for total White/Non-Hispanics (n=260) is +/-6.1%, the margin of error for Black/Non-Hispanics (n=286) is +/-5.8%, the margin of error for Hispanics (n=300) is +/-5.7%. The questions reported here were part of a larger survey with questions on the first open enrollment period of the Affordable Care Act (ACA) asked following this set of questions. The report on the ACA questions can be found at: <http://www.healthyamericasinstitute.org/healthy-americas-survey.html>

**Totals for Hispanic uninsured for all questions and responses for Non-Hispanic white, non-Hispanic black, and Hispanic for questions HA7, HA25, HA34, and HA42 were asked of sample sizes (n=<100) that are relatively small and should be treated with some caution.*

Health Status

First I would like to ask you a few questions about your overall health.

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)
HA-1. In general, would you say your health is excellent, very good, good, fair, or poor?

3/2/14	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Excellent/very good (NET)	52	56	47	38	49	18
Excellent	21	22	23	15	17	10
Very good	31	35	23	24	32	08
Good	29	29	26	27	28	26
Fair/poor (Net)	19	14	27	34	22	56
Fair	14	10	19	27	19	44
Poor	5	4	8	7	4	13
Don't Know	*	*	--	--	--	--
Refused	*	1	--	*	1	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-2. Now, thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Zero	61	64	54	56	56	54
Any (Net)	36	34	43	41	41	43
1	5	6	3	5	6	2
2	7	7	8	6	7	5
3	4	4	4	5	3	9
4	3	3	3	3	2	4
5	3	2	3	4	4	3
6-10	4	3	9	5	7	2
11+	11	9	14	14	12	17
Don't Know	2	2	3	3	3	2
Refused	1	1	--	*	--	1
Mean	9.63	9.07	10.73	10.72	9.38	13.19

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-3. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Zero	58	58	58	58	62	52
Any (Net)	39	39	40	39	36	45
1	5	5	3	6	7	4
2	5	5	4	4	4	3
3	4	4	1	5	2	10
4	1	1	2	1	2	--
5	5	6	5	3	3	4
6-10	6	6	6	7	5	10
11+	13	11	18	13	12	14
Don't Know	1	1	1	3	3	4
Refused	1	1	1	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-4. Compared with twelve months ago, would you say your overall health is better, worse, or about the same?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Better	20	16	25	33	34	31
Worse	7	6	8	11	10	13
About the Same	73	77	67	56	56	56
Don't Know	*	*	--	*	*	--
Refused	*	*	--	--	--	--

Healthy Lifestyles

Next, I would like to ask you a few questions about smoking...

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-5. Have you smoked at least 100 cigarettes in your entire life?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	44	48	38	31	33	26
No	56	52	61	69	67	74
Don't Know	*	--	1	--	--	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-6. Do you now smoke cigarettes every day, some days, or not at all?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Every day/Some days (Net)	21	21	25	19	18	22
Every day	15	16	15	10	10	9
Some days	7	5	10	9	8	12
Not at all	79	79	75	81	82	78
Don't Know	--	--	--	--	--	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents who smoke every day/some days; Total n = 180, White/Non-Hisp n= 52*, Black/Non-Hisp n= 70*, Hispanic n=58*, Hisp Insured n=36*, Hisp Uninsured n=22*)

HA-7. During the past twelve months, has a doctor, nurse, or other health professional talked to you about your smoking?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	55	56	63	40	39	42
No	45	44	37	60	61	58
Don't Know	--	--	--	--	--	--
Refused	--	--	--	--	--	--

Now, I would like to ask you some questions about physical activity...

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-8. On average, how many days of the week do you do vigorous leisure-time physical activities such as exercise, sports, or physically active hobbies?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Zero	28	28	29	26	25	27
Any (Net)	71	72	70	69	69	70
1	9	9	6	11	8	16
2	10	7	13	16	18	14
3	16	17	18	11	11	11
4	10	12	7	8	7	5
5	10	11	9	7	7	5
6	4	5	3	2	3	1
7	12	10	14	14	13	17
Unable to do this type of activity	1	--	1	4	6	1
Don't Know	*	--	*	1	*	2
Refused	--	--	--	--	--	--

(Asked of total selected respondents that do vigorous leisure-time physical activities;
**Total n = 581, White/Non-Hisp n= 172, Black/Non-Hisp n= 199, Hispanic n=210, Hisp
 Insured n=151, Hisp Uninsured n=59***)

HA-9. About how long do you do these vigorous leisure-time physical activities each
 time?

	Total	White/Non- Hisp	Black/Non- Hisp	Hisp	Hisp Insured	Hisp Uninsured
Less than One Hour (NET)	42	46	38	28	29	27
Less than 15 minutes	2	2	2	2	3	1
15-29 minutes	6	7	9	4	4	5
30-59 minutes	33	37	27	22	22	21
One Hour or More (NET)	57	54	62	71	71	71
One to less than two hours	30	29	31	37	38	35
Two to less than three	15	12	20	22	27	14
Three hours or more	12	13	11	11	6	21
Don't Know	1	1	--	1	--	3
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-10. How long would it take you to walk from your home to the nearest public park or recreational facility?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Less than One Hour (NET)	74	73	72	81	79	85
5 minutes or less	23	23	19	28	27	30
6 - 10 minutes	14	14	13	14	13	15
11 - 15 minutes	13	14	11	9	10	6
16-30 minutes	19	16	25	24	23	26
31 - less than one hour	5	5	5	7	6	8
One Hour or More (Net)	17	18	18	12	14	7
Don't Know	7	7	9	6	5	8
Refused	2	2	1	1	1	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-11. During the past twelve months, has a doctor, nurse, or other health professional talked to you about recommendations for physical activity?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	28	25	34	38	37	40
No	71	74	66	62	63	60
Don't Know	1	1	--	--	--	--
Refused	--	--	--	--	--	--

The next set of questions are about eating and nutrition. When answering, please include meals and snacks eaten at home, at work or school, in restaurants, and anyplace else.

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)
 HA-12. On average, how many servings of fruits and vegetables do you eat each day?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
None/Never	2	*	4	8	6	13
Any (Net)	96	98	93	88	90	84
1	25	25	24	24	24	24
2	26	25	28	29	30	28
3	17	15	23	21	21	21
4	14	15	11	7	7	7
5+	15	18	8	7	8	5
Don't Know	2	1	3	4	4	2
Refused	*	*	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)
 HA-13. In the past twelve months, has the cost of fresh fruits and vegetables ever prevented you from purchasing them?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	30	28	30	36	31	46
No	70	71	70	63	68	54
Don't Know	*	1	1	*	*	--
Refused	*	--	--	*	1	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)
 HA-14. During the past thirty days, how often did you drink regular soda or pop that contains sugar? Did you drink them daily, weekly, monthly, or not at all? Do not include diet soda or pop.

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Daily	20	19	24	23	18	32
Weekly	22	18	27	30	30	31
Monthly	12	11	12	17	20	13
Not at all	45	49	37	29	32	24
Don't Know	1	1	--	*	*	--
Refused	1	1	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)
 HA-15. Are you currently watching or reducing your sodium or salt intake?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	48	45	64	50	48	56
No	51	54	36	49	51	44
Don't Know	1	1	--	1	1	--
Refused	*	--	*	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)
 HA-16. During the past twelve months, has a doctor, nurse, or other health professional talked to you about recommendations for a healthy diet?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	29	26	37	38	38	37
No	71	74	63	62	62	63
Don't Know	*	*	--	--	--	--
Refused	--	--	--	--	--	--

Preventive Checkups Screenings, and Vaccines

Now I would like to ask you some questions about health provider visits and preventive services, screenings, and vaccines you may have had.

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-17. About how long has it been since you last visited a doctor or other health care provider for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Within the past year (anytime less than 12 months ago)	72	72	81	67	77	47
Within the past 2 years (1 year but less than 2 years ago)	15	16	11	13	10	19
Within the past 5 years (2 years but less than 5 years ago)	6	6	4	6	5	10
5 or more years ago	6	5	3	9	6	16
Never	2	1	1	4	1	8
Don't Know	*	--	--	1	1	1
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-18. In the last year, have you seen a dentist or other oral health professional for a dental cleaning or checkup?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	61	65	52	50	59	33
No	39	35	47	50	41	67
Don't Know	*	--	*	--	--	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-19. In the last two years, have you had your blood pressure checked by a doctor, nurse, or other health professional?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	90	92	91	80	89	64
No	9	7	8	19	10	36
Don't Know	1	*	1	1	1	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents Age 45 or older; Total n = 498, White/Non-Hisp n= 192, Black/Non-Hisp n= 176, Hispanic n=130 Hisp Insured n=103, Hisp Uninsured n=27*)

HA-20. In the last three years, have you had a fasting test for high blood sugar or diabetes?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	62	61	69	67	76	42
No	37	39	30	33	24	58
Don't Know	*	*	1	--	--	--
Refused	*	--	1	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-21. In the last five years, have you had your cholesterol checked by having blood drawn (also known as a lipids test) by a doctor, nurse, or other health professional?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	72	74	70	68	76	52
No	26	24	28	31	23	47
Don't Know	2	2	2	1	2	1
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-22. In the past (IF AGE 18-39 five years), (IF AGE 40-54 two to four years), (IF AGE 55-64 one to three years), (IF AGE 65+ one to two years) have you had an eye exam by an optometrist, ophthalmologist, or eye doctor?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	72	74	74	60	67	46
No	28	26	26	40	33	54
Don't Know	--	--	--	--	--	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-23. The next question is about the test for HIV, the virus that causes AIDS. Except for tests you may have had as part of blood donations, have you ever been tested for HIV?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	43	38	63	53	53	55
No	53	58	35	45	45	45
Don't Know	3	4	2	2	3	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-24. During the past twelve months, have you had a flu shot? A flu shot is usually given in the fall and protects against influenza for the flu season"

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	42	41	45	44	50	32
No	58	59	55	56	50	68
Don't Know	--	--	--	--	--	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents 18 – 26 years of age; Total n = 134*, White/Non-Hisp n= 23*, Black/Non-Hisp n= 36*, Hispanic n=75*, Hisp Insured n=53*, Hisp Uninsured n=22*)

HA-25. Have you ever received an HPV shot or vaccine?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	36	34	39	40	41	37
No	60	63	53	55	55	55
Don't Know	4	3	9	5	4	9
Refused	--	--	--	--	--	--

Chronic Conditions

Now I would like to ask you some questions certain health conditions.

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-26. (Other than during pregnancy), have you ever been told by a doctor, nurse, or other health professional that you have diabetes or sugar diabetes?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	10	9	13	13	14	11
No	90	91	86	87	85	89
Don't Know	*	--	--	*	1	--
Refused	*	--	*	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-27. Have you ever been told by a doctor, nurse, or other health professional that you have any of the following?

a. Hypertension, also called high blood pressure

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	29	29	36	22	24	17
No	71	71	64	78	76	83
Don't Know	--	--	--	--	--	--
Refused	*	--	*	--	--	--

b. High cholesterol

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	25	26	21	23	25	18
No	75	74	78	77	75	82
Don't Know	*	--	*	--	--	--
Refused	*	--	*	--	--	--

c. Lung or breathing problems. For example, asthma, emphysema, or chronic bronchitis

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	14	14	17	14	12	18
No	86	86	82	86	88	82
Don't Know	*	--	1	--	--	--
Refused	*	--	*	--	--	--

d. Depression or other mental health condition

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	16	15	16	16	12	22
No	84	85	84	84	87	78
Don't Know	*	--	--	*	*	--
Refused	*	--	*	--	--	--

e. Heart or coronary artery disease

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	7	7	6	8	9	6
No	93	93	94	92	91	94
Don't Know	*	*	--	*	*	--
Refused	*	--	*	--	--	--

f. Any form of cancer

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	9	10	7	5	4	6
No	91	90	93	95	96	94
Don't Know	*	--	1	--	--	--
Refused	*	--	*	--	--	--

g. Obesity or unhealthy weight

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	24	24	24	23	26	18
No	76	76	75	77	74	82
Don't Know	--	--	--	--	--	--
Refused	*	--	1	--	--	--

Access to Health Care

The following questions are about use of health care services.

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-28. Is there a place that you usually go to when you are sick or need advice about your health?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	88	93	83	73	81	57
No	12	7	17	27	19	43
Don't Know	--	--	--	--	--	--
Refused	*	--	*	--	--	--

(Asked of total selected respondents who have a usual place that they go to when they are sick or need advice about their health; Total n = 714, White/Non-Hisp n= 243, Black/Non-Hisp n= 248, Hispanic n=223 Hisp Insured n=177, Hisp Uninsured n=46*)

HA-29. What kind of place is it - a community clinic or health center, doctor's office or HMO, hospital emergency room, hospital outpatient department, pharmacy-based clinic, or some other place?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Community clinic or health center	19	15	25	35	26	60
Doctor's office or HMO	70	77	55	46	57	16
Hospital emergency room	3	1	9	10	8	16
Hospital outpatient department	2	1	9	1	1	--
Pharmacy-based clinic	1	1	*	2	2	1
VA/military hospital	1	1	1	2	2	--
Some other place	2	2	1	3	3	3
Doesn't go to one place most often	*	1	*	*	--	1
Don't Know	*	*	--	1	--	3
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-30. In the past twelve months, have you received medical care from a doctor, nurse, or other health care professional?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	69	73	67	54	62	39
No	31	27	32	46	38	61
Don't Know	*	--	*	--	--	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents who have received medical care in past 12 months; Total n = 568, White/Non-Hisp n= 196, Black/Non-Hisp n= 201, Hispanic n=171, Hisp Insured n=138, Hisp Uninsured n=33*)

HA-31. Overall, how would you rate the medical and health services that you have used in the past twelve months. Would you say excellent, good, fair, or poor?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Excellent/Good (NET)	89	89	92	88	90	81
Excellent	49	52	40	39	41	31
Good	40	37	52	49	49	50
Fair/Poor (NET)	11	11	8	12	10	19
Fair	9	9	7	11	9	16
Poor	2	2	1	1	1	3
Don't Know	*	*	--	--	--	--
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-32. In answering the following questions, please think about your experiences obtaining or trying to obtain health care in the **past twelve months**.

a. Did you have trouble finding a doctor or other health care provider who would see you

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	6	5	8	9	8	10
No	92	94	89	86	91	77
Did not need care	2	1	2	5	1	12
Don't Know	*	--	*	--	--	--
Refused	*	--	*	--	--	--

b. Were you told by a doctor's office or clinic that they were not accepting new patients

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	6	5	7	10	8	13
No	92	94	90	87	90	80
Did not need care	1	1	2	3	2	6
Don't Know	*	--	*	*	*	--
Refused	--	--	--	--	--	--

- c. Were you told by a doctor's office or clinic that they do not accept your health care coverage

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	9	8	11	11	10	14
No	89	91	87	83	88	72
Did not need care	1	1	1	4	2	10
Don't Know	*	--	*	1	*	2
Refused	*	--	--	1	--	2

- d. Did you have trouble getting an appointment at a doctor's office or clinic as soon as you thought you needed one

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	11	11	12	9	10	9
No	87	88	85	85	89	79
Did not need care	1	1	2	4	1	11
Don't Know	*	*	*	1	1	2
Refused	--	--	--	--	--	--

The next question is about your health insurance or health coverage plan. In answering, this question please **exclude** plans that pay for only one type of service such as nursing home care, accidents, family planning, or dental care and plans that only provide extra cash when hospitalized.

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)
 HA-33. Are you **currently covered** by any of the following types of health insurance or health coverage plans?

- a. Insurance through a current or former employer or union (of yours or another family member's).

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	55	61	42	38	58	--
No	44	38	55	60	39	100
Don't Know	1	1	2	2	3	--
Refused	*	--	*	--	--	--

- b. Insurance purchased directly from an insurance company or health insurance marketplace (by you or another family member).

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	22	24	23	15	23	--
No	75	74	72	81	70	100
Don't Know	3	3	5	5	7	--
Refused	*	--	*	--	--	--

- c. Medicare, for people 65 and older, or people with certain disabilities.

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	24	27	25	12	19	--
No	75	73	73	87	80	100
Don't Know	*	--	2	1	1	--
Refused	*	--	*	--	--	--

- d. Medicaid, Medical Assistance (MA), the Children's Health Insurance Program (CHIP) or any kind of state or government-sponsored assistance plan based on income or a disability. You may know this type of coverage as [insert state-specific names].

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	14	10	29	17	26	--
No	86	90	69	81	72	99
Don't Know	1	*	1	2	3	1
Refused	*	--	*	--	--	--

- e. TRICARE or other military health care, including VA health care

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	8	8	11	6	8	--
No	92	92	88	94	92	100
Don't Know	*	*	1	--	--	--
Refused	*	--	*	--	--	--

f Indian Health Service

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	1	1	2	1	2	--
No	98	99	96	97	96	100
Don't Know	*	--	2	1	2	--
Refused	--	--	--	--	--	--

g. Any other type of health insurance coverage or health coverage plan

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	8	8	12	6	10	--
No	91	92	87	91	87	100
Don't Know	1	*	--	2	3	--
Refused	*	--	*	1	1	--

(Asked of total selected respondents who said no to all prelisted types of health insurance; Total n = 134, White/Non-Hisp n= 14*, Black/Non-Hisp n= 36*, Hispanic n=84*, Hisp Insured n=2*, Hisp Uninsured n=82*)

HA-34. Does this mean you currently have **no** health insurance or health coverage plan?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes, I currently have no insurance	92	89	83	98	--	100
No, I do have insurance	5	7	8	2	100	--
Don't Know	3	5	5	--	--	--
Refused	*	--	3	--	--	--

Asked of all respondents responding Yes to HA-34.

HA-35. What type of health insurance do you have? [types recorded]

(Asked of total selected respondents who have health insurance; Total n = 718, White/Non-Hisp n= 247, Black/Non-Hisp n= 253, Hispanic n=218)

HA-36. Thinking about your health insurance coverage over the past twelve months, were you insured all 12 months, 6 to 11 months, or 1 to 5 months? Your best estimate is fine.

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp
12 months	91	93	82	82
6 to 11 months	5	4	5	6
1 to 5 months	3	1	10	8
Don't Know	1	1	2	4
Refused	*	--	1	1

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-37. Thinking about your health care experiences over the past twelve months was there any time when you needed any of the following but didn't get it because you couldn't afford it?

a. Prescription medicines

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	13	11	16	20	18	24
No	87	89	84	80	82	76
Don't Know	*	*	*	--	--	--
Refused	*	--	--	*	1	--

b. To see a general doctor

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	10	8	14	17	14	22
No	90	92	86	83	86	78
Don't Know	--	--	--	--	--	--
Refused	*	--	*	--	--	--

c. Hospitalization

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	4	4	7	6	5	8
No	95	96	93	93	94	90
Don't Know	*	--	*	1	1	2
Refused	--	--	--	--	--	--

d. Dental care (including checkups)

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	16	13	23	23	19	31
No	84	87	76	76	80	69
Don't Know	*	*	*	*	1	--
Refused	*	--	1	--	--	--

e. To see a specialist (READ IF NECESSARY: A specialist is a doctor who focuses on a particular class of patients such as children or on a specific disease such as heart disease or on a particular technique such as surgery.)

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	9	7	12	16	14	18
No	91	93	88	84	85	82
Don't Know	*	1	1	*	*	--
Refused	--	--	--	--	--	--

f. To get medical tests, treatment, or follow-up care

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	9	6	13	17	13	25
No	91	94	87	82	86	75
Don't Know	*	--	--	1	1	
Refused	--	--	--	--	--	--

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g. Mental health care or counseling

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	4	3	7	6	5	8
No	96	97	93	93	94	92
Don't Know	*	--	*	*	*	--
Refused	*	--	--	*	1	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-38. If you get sick or have an accident, how worried are you that you will be able to pay your medical bills? Are you very worried, somewhat worried, not too worried, or not at all worried?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Very/Somewhat worried (NET)	38	33	39	58	46	81
Very worried	17	11	22	40	26	68
Somewhat worried	21	22	17	18	20	14
Not too/not at all worried (NET)	62	67	60	41	53	16
Not too worried	24	25	23	17	23	7
Not at all worried	38	42	37	23	30	9
Don't Know	*	*	*	1	1	3
Refused	*	--	*	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-39. During the past 12 months, did you go to Mexico or any other Latin American country, for medical care, dental care, or the purchase of medicines or any kind of treatments for an illness or injury?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	2	1	*	7	6	8
No	98	99	100	93	94	92
Don't Know	--	--	--	--	--	--
Refused	*	--	*	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-40. If information provided by a doctor, nurse, or other health professional is not clear to you, how comfortable do you feel asking them additional questions? Do you feel very comfortable, somewhat comfortable, not too comfortable, or not at all comfortable?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Very/Somewhat comfortable (NET)	94	96	93	88	91	82
Very comfortable	81	85	81	65	69	55
Somewhat comfortable	13	11	12	23	22	27
Not too/not at all comfortable (NET)	5	4	7	10	6	16
Not too comfortable	3	2	3	6	4	11
Not at all comfortable	2	2	4	3	2	5
Don't Know	1	*	*	2	3	1
Refused	--	--	--	--	--	--

(Asked of total selected respondents; Total n = 846, White/Non-Hisp n= 260, Black/Non-Hisp n= 286, Hispanic n=300, Hisp Insured n=218, Hisp Uninsured n=82*)

HA-41. Thinking about the last time you saw a doctor, nurse, or other health professional did they speak in the language you prefer?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	97	99	94	90	94	81
No	3	1	5	8	6	12
Don't Know	*	--	1	2	--	6
Refused	*	*	--	*	--	1

(Asked of total selected respondents who saw a health professional who did not speak in the language that they preferred; Total n = 44*, White/Non-Hisp n= 4*, Black/Non-Hisp n= 13*, Hispanic n=27*, Hisp Insured n=13*, Hispanic Uninsured n=14*)

HA-42. Did they provide a translator that spoke the language you prefer?

	Total	White/Non-Hisp	Black/Non-Hisp	Hisp	Hisp Insured	Hisp Uninsured
Yes	27	--	23	46	65	34
No	62	88	64	45	35	52
Don't Know	4	--	--	9	--	14
Refused	6	12	13	--	--	--

METHODOLOGY

Overview

The National Alliance for Hispanic Health (NAHH) contracted with Social Science Research Solutions/SSRS to conduct the 2014 Healthy Americas Survey from February 16 – March 2, 2014 via the SSRS Omnibus. The battery of question topics included Health status and lifestyle, preventative screenings and vaccines, chronic health conditions, access to healthcare and quality of sources available, and changes to the healthcare system. This study collected a final sample of 846 adults age 18 and older. The composition of the final sample included 260 White non-Hispanics, 286 Black non-Hispanics, and 300 Hispanics. This report is organized into four sections. The first section discusses the sample design. The second section describes data collection and fielding. The third and fourth sections address weighting procedures and the response rate to the survey.

I. Sample Design

SSRS's Omnibus is a weekly telephone omnibus survey. Each Omnibus survey consists of a minimum of 1,000 interviews, of which 500 interviews are completed with respondents on their cell phones and at least 35 are conducted in Spanish. Completes are representative of the United States population of adults 18 and older. *EXCEL* uses a fully-replicated, stratified, single-stage, random-digit-dialing (RDD) sample of telephone households, and randomly generated cell phones. Sample telephone numbers are computer generated and loaded into on-line sample files accessed directly by the CATI system. Within each sample household, a single respondent is randomly selected. Each *EXCEL* is composed of two distinct parts. The first is a series of inserts contracted for by our clients; these inserts may range from a single closed-ended question to a twenty-minute battery of open and closed-ended questions. The second part is a standard panel of demographic questions. For this study, the Healthy Americas questionnaire was approximately 20 minutes were included in 4 waves of the SSRS Omnibus fielded between February 16 – March 2, 2014.

II. Field Preparations, Fielding and Data Processing

The Healthy Americas questionnaire was developed by the NAHH research team in consultation with the SSRS project team. Upon review, SSRS proposed changes to the NAHH team and agreed upon changes were incorporated into the final questionnaire. Prior to the field period, SSRS programmed the study into CfMC Computer Assisted Telephone Interviewing (CATI). Extensive checking of the program was conducted to assure that skip patterns followed the design of the questionnaire. Additionally, where noted the CATI system ensured that that the listed attributes automatically rotated, eliminating “question position” bias.

Translation of the questionnaire into Spanish

Upon approval of a final English instrument by the NAHH research team, the instrument was translated into Spanish by CETRA Language Solutions. The translated version was then sent to the NAHH research team for verification by their translator and final approval. CATI interviewers received written materials on the study and formal training on the questionnaire. The written materials were provided prior to the beginning of the field period and included an annotated questionnaire that contained information about the goals of the study as well as detailed explanations of why questions were being asked, the meaning and pronunciation of key terms, potential obstacles to be overcome in getting good answers to questions, and respondent problems that could be anticipated ahead of time as well as strategies for addressing the potential problems.

Interviewer training was conducted immediately before the survey was officially launched. Call center supervisors and interviewers were walked through each question from the questionnaire. Interviewers were given instructions to help them maximize response rates and ensure accurate data collection.

Fielding

This study was in the field from February 16 – March 2, 2014. The telephone interviewing was conducted by SSRS/Social Science Research Solutions via the SSRS Omnibus. All interviews were conducted using the CATI system. The CATI system ensured that questions followed logical skip patterns and that complete dispositions of all call attempts were recorded. In order to achieve a maximized response rate, SSRS:

- Instituted a call rule to maximize the response rate. On average, at least six calls were attempted on all no answers, busies, and answering machines before considering a sampling unit “dead”. However, many households received more than six calls over the course of the field period in an effort to increase the yield of the prescreened sample.
- Utilized a core group of specially-trained and highly-experienced refusal conversion interviewers to call initial refusals in an attempt to persuade respondents to complete the survey.
- Varied the times of day and the days of the week that callbacks were placed.
- Explained to interviewers the purpose of the study and stated as accurately as possible the expected length of the interview.
- Conducted intensive interviewer training before the survey was launched and periodically during the field.
- Called back any Spanish language barriers that were reached with a non-bilingual interviewer utilizing a bilingual interviewer.

Deliverables

- Weighted SPSS data file
- Weighted crosstabulations of completed interviews
- Topline document
- Final report on survey methodology

Data preparation began soon after the study entered the field and continued through the field period. Data were thoroughly cleaned with a computer validation program. Additionally, all variables were checked by the project team to ensure that data collection corresponded to the designated skip patterns and programming instructions.

III. Weighting Procedures

Each wave of the Omnibus is weighted to provide nationally representative and projectable estimates of the adult population 18 years of age and older. The weighting process begins with a base weight that takes into account the disproportionate probabilities of household selection due to the number of separate telephone lines and the probability associated with the random selection of an individual household member. The base weight also corrects for the disproportionate probability of selection with regard to the oversampling of diabetics.

With the base weight applied, the sample is then balanced to match known adult-population parameters based on the most recent U.S. Census American Community Survey (ACS), utilizing an iterative proportional fitting (IPF) or “raking” weighting procedure.

For this study, we developed adult-population parameters for White non-Hispanics, non-Hispanic African Americans, and Hispanics separately. The population parameters used for post-stratification included: age (18-24; 25-34; 35-44; 45-54; 55-64; and 65+) by gender, Census region (Northeast, North-Central, South, West) by race (white/non-white), Education (less than high school, high school graduate, some college, four-year college or more), density (quintiles of the population density, number of people per square mile) and phone-usage (CPO, LLO, DF). Each separate rake was balanced to the proper population distribution for Whites, African Americans, and Hispanics, so that when put together as an overall weight, each group is in its correct proportions.

IV. Response Rate

The response rates for this study were calculated using AAPOR's RR3 formula. Dispositions and response rates by sample type are provided below. The final combined response rate for the study is 11.4%.

	Landline	Cell	Overall
	Total	Total	
Eligible, Interview (Category 1)			
Complete	389	457	846
Eligible, non-interview (Category 2)			
Refusal (Eligible)	477	699	1177
Break-off	604	579	1184
Answering machine household-no message left	424	1106	1530
Unknown eligibility, non-interview (Category 3)			
Always busy	3221	438	3659
No answer	50931	25416	76347
Call blocking	163	195	358
Answering machine, don't know if household	1821	8384	10205
Housing unit, unknown if eligible respondent	0	0	0
No screener completed	7508	9869	17377
Not eligible (Category 4)			
Fax/data line	2680	261	2941
Non-working number	9598	26646	97336
Business, government office, other organizations	102915	18484	121399
No eligible respondent	11573	12589	24163
Total phone numbers used	191157	107151	298308

V. Sponsorship

The Healthy Americas Survey is an initiative of the Healthy Americas Institute of the National Alliance for Hispanic Health at the University of Southern California (USC). The 2014 Healthy Americas Survey received support from the Healthy Americas Foundation and a grant from the Robert Wood Johnson Foundation.